

Hinch details battle with bottle



HE was the picture of ill-health back in 2006, left, but radio host **Derryn Hinch** has emerged from the other side, right, to write a book called *I Beat The Booze And You Can Too*. Two years ago it was revealed Hinch was suffering cirrhosis and septicaemia when his kidneys and immune system

collapsed. A hard boozer for nearly 50 years, Hinch's illness was put down to the demon drink. He admits his new tome is not a "quit" guide but more a guide on how to control drinking. "I had my annual two glasses of red wine on Christmas Day so I really want people to know that I haven't written an anti-drinking campaigner," he said. "Just because I don't drink doesn't mean others can't, and there will be wine and beer served at the launch (in Sydney) on Friday."

